

Clary Sage Essential Oil



DESCRIPTION

Clary Sage essential oil is extracted from the plants leaves and beautiful, bluish-purple flowers. These days the plant is typically grown specifically for essential oil extraction. It is widely used in aromatherapy for anxiety relief, menstrual related issues, like PMS or cramping, and has also been shown to help with insomnia and other sleep related issues.

DETAILS

Origin: China

Plant part: Leaves and Flowers

Botanical Name: *Salvia sclarea*

Extraction method: Steam Distilled

Blends With: [Clove](#), [Frankincense](#), [Lavender](#), [Cedarwood](#), [Orange](#), and [Cardamom](#).

Aroma: Has an herbaceous, wine like, sweet aroma with a subtle fruity note. It is slightly nutty and earthy.

THERAPEUTIC PROPERTIES

Anti-convulsant, anti-depressant, anti-fungal, anti-infectious, anti-phlogistic, anti-septic, anti-spasmodic,

anti-sudorific, aphrodisiac, astringent, carminative, decongestant, deodorant, detoxicant, digestive, emmenagogue, hypotensor, nervine, neurotonic, phlebotonic, regenerative, sedative (nervous), and stomachic.

REPORTS

You can find the GC-MS quality report for our Clary Sage essential oil by [clicking here](#).

SAFETY, STORAGE AND SHELF LIFE

Safety: Proper dilution should be followed. It may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

Storage: Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

Shelf Life: 48 Months

We have some additional information about [essential oil storage](#) on our blog.

ADDITIONAL INFORMATION

Bottling: Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.