

## Frankincense Essential Oil



### DESCRIPTION

Frankincense is a resin that flows from the frankincense tree as an oily, gummy, creamy substance when the bark is slashed open. The tree originates in the Middle East. The liquid will bleed out and harden, which are called tears, and as it hardens it turns into the resin that is used during oil extraction. The **essential oil** is extracted by steam distillation of the dry resin.

Frankincense is often used in many Christian churches, and it is said that frankincense and myrrh were among the gifts given to baby Jesus by the Wise Men. Today the oil frankincense is a popular one in the perfume and aromatherapy world. It is often used in facial products to help with dry and aging skin. The aroma of frankincense is a relaxing blend that is thought to help aid in headaches associated with tension as well as create an emotionally calming state.

### DETAILS

Origin: Egypt

Plant part: Resin

Botanical Name: *Boswellia carteri*

Extraction method: Steam Distilled

Blends With: All [citrus oils](#), [Bergamot](#), [Cardamom](#), [Cedarwood](#), [Clary Sage](#), [Ginger](#), and [Myrrh](#).

Aroma: A meditative aroma. Has a warm, spicy, and woody odor followed by a slight lemon after-scent.

## THERAPEUTIC PROPERTIES

Analgesic, anti-bacterial, anti-catarrhal, anti-depressant, anti-infectious, anti-inflammatory, anti-migraine, anti-septic, anti-spasmodic, anti-viral, decongestant, deodorant, depurative, diuretic, expectorant, ferbrifuge, hypoglycemiant, insectifuge, mycolytic, rubefacient, vermifuge, and vulnerary.

## REPORTS

You can find the GC-MS quality report for our Frankincense essential oil by [clicking here](#).

## SAFETY, STORAGE AND SHELF LIFE

**Safety:** Proper dilution should be followed. It may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

**Storage:** Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

**Shelf Life:** 24 Months

We have some additional information about [essential oil storage](#) on our blog.

## ADDITIONAL INFORMATION

**Bottling:** Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.