

Grapefruit Essential Oil



DESCRIPTION

The grapefruit tree grows to be about 30 feet in height, with glossy green leaves, white flowers, and produces large round, yellow fruits with segmented flesh inside. There are many different types of grapefruit ranging in size and flesh color.

Grapefruit oil is said to have a natural ability to help ease an over stimulated nervous system, creating an uplifting balance of emotions. Grapefruit oil may also show benefits when used topically in facial products. It's particularly good for cleansing and creating a refreshing feeling and may also help with oily skin and acne.

DETAILS

Origin: Mexico

Plant part: Peel

Botanical Name: Citrus paradisi

Extraction method: Cold Pressed

Blends With: All [citrus oils](#), most [spice oils](#), [Rosemary](#), [Lavender](#), and [Geranium](#).

Aroma: Has a fresh, tangy, sweet citrus smell that is very similar to the fruit with a clean and slightly bitter undertones.

THERAPEUTIC PROPERTIES

Anti-depressant, anti-infectious, anti-septic, aperitive, astringent, cleansing, depurative, digestive, disinfectant, diuretic, phlebotonic, and a stimulant (digestion).

REPORTS

You can find the GC-MS quality report for our Grapefruit essential oil by [clicking here](#).

SAFETY, STORAGE AND SHELF LIFE

Safety: Proper dilution should be followed. Dilute to 3% if using topically. It may cause skin irritation in some individuals, especially to those with sensitivity to the sun. A small skin test is recommended prior to use. Avoid contact with eyes.

Storage: Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

Shelf Life: 24 Months

We have some additional information about [essential oil storage](#) on our blog.

ADDITIONAL INFORMATION

Bottling: Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.