

Juniper Berry Essential Oil



DESCRIPTION

Juniper is a small bushy shrub. The female juniper bush produces a blue toned cone that looks similar to a berry, hence the name “juniper berry”. Once a year the berries are plucked from the shrub, dried, and ground up to be steam distilled. It is believed that Native Americans have used juniper berries as an appetite suppressant. Nicholas Culpeper, a 17th century herbalist, was noted saying juniper berries can help with asthma, sciatica, and to assist in childbirth. If used in a diffuser this oil is a great air purifier. It is also well known for its diuretic properties.

DETAILS

Origin: India

Plant part: Berries

Botanical Name: *Juniperus communis*

Extraction method: Steam Distilled

Blends With: [Clary Sage](#), Sandalwood, [Bergamot](#), [Geranium](#), Marjoram, [Rosemary](#), and [Eucalyptus](#).

Aroma: Has a fresh, crisp scent, reminiscent of pine needles. It's has a woody undertone with a hidden fruity aroma.

THERAPEUTIC PROPERTIES

Analgesic, anti-septic, anti-rheumatic, anti-spasmodic, anti-toxic, aphrodisiac, astringent, carminative, cicatrisant, decongestant, depurative, detoxicant, digestive, diuretic, emmenagogue, expectorant, litholytic, nervine, rubefacient, sedative, soporific, sudorific, and vulnerary.

REPORTS

You can find the GC-MS quality report for our Juniper Berry essential oil by [clicking here](#).

SAFETY, STORAGE AND SHELF LIFE

Safety: Proper dilution should be followed. It may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

Storage: Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

Shelf Life: 24 Months

We have some additional information about [essential oil storage](#) on our blog.

ADDITIONAL INFORMATION

Bottling: Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.