

## Lavender Essential Oil



### DESCRIPTION

The Lavender plant is an evergreen plant measuring approximately 3 feet high with violet colored flowers. This plant is widely popular for many uses as a decorative piece in gardens and landscaping, used for culinary purposes as well as in aromatherapy as an essential oil.

Lavender oil has a light floral scent that is often applied topically, with or without dilution (always perform a patch test first), to release negative emotions of anger or anxiety and promote a feeling of peace, calm, and well-being. This oil is usually the most popular of all the essential oils and has been used topically on mild skin irritations. It is also helps to soothe and relax at bedtime for a more restful nights' sleep.

### DETAILS

Origin: Bulgaria

Plant part: Flowers

Botanical Name: *Lavandula angustifolia*

Extraction method: Steam Distilled

Blends With: [Bergamot](#), [Clary Sage](#), [Geranium](#), [Orange](#), and [Rosemary](#).

Aroma: Has a floral, fresh, sweet, herbaceous and slightly fruity scent. It has a perfect blend of uplifting and relaxing characteristics.

## THERAPEUTIC PROPERTIES

Analgesic, anti-bacterial, anti-fungal, anti-inflammatory, anti-microbial, anti-rheumatic, anti-septic, anti-tumoral, anti-ulcerogenic, anti-viral, bactericidal, calming, cicatrisant, decongestant, deodorant, diuretic, fungicidal, nervine, sedative (nervous), vermifuge, and vulnerary.

## REPORTS

You can find the GC-MS quality report for our Lavender essential oil by [clicking here](#).

## SAFETY, STORAGE AND SHELF LIFE

**Safety:** Proper dilution should be followed. It may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

**Storage:** Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

**Shelf Life:** 48 Months

We have some additional information about [essential oil storage](#) on our blog.

## ADDITIONAL INFORMATION

**Bottling:** Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.

**More info:** We have some information on our blog about our Lavender essential oil. [Click here](#) to read the "Top Uses For Lavender Oil"