

## Lemongrass Essential Oil



### DESCRIPTION

Lemongrass is quite the suitable name for this oil since it's an herb that grows like grass, yet smells like lemon. This plant is often used in the culinary field in soups, teas and curries. It has also been used in as a medicinal herb in India for quite some time. Lemongrass oil is most popularly known for its anti-fungal properties and its ability to repel insects. It is great to use in facial products, such as toners, to fight greasy skin prone to acne and also has excellent antidepressant properties.

### DETAILS

Origin: India

Plant part: Leaves

Botanical Name: *Cymbopogon flexuosus*

Extraction method: Steam Distilled

Blends With: **Basil, Bergamot, Black Pepper, Clary Sage, Geranium, Ginger, Lavender, Rosemary, Cedarwood, and Orange.**

Aroma: Has a lemony aroma but is milder, sweeter, and far less sour than lemon.

## **THERAPEUTIC PROPERTIES**

Analgesic, antioxidant, anti-bacterial, anti-depressant, anti-fungal, anti-inflammatory, anti-microbial, anti-pyretic, anti-septic, astringent, bactericidal, carminative, deodorant, digestive, febrifuge, fungicidal, galactagogue, insecticidal, insectifuge, nervine, sedative, and vasodilator.

## **REPORTS**

You can find the GC-MS quality report for our Lemongrass essential oil by [clicking here](#).

## **SAFETY, STORAGE AND SHELF LIFE**

**Safety:** Proper dilution should be followed. Dilute to 1% if using topically. Avoid use while pregnant, breastfeeding, with small children or if you have hypersensitivity or damaged skin. It may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

**Storage:** Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

**Shelf Life:** 24 Months

We have some additional information about [essential oil storage](#) on our blog.

## **ADDITIONAL INFORMATION**

**Bottling:** Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.