

Myrrh Essential Oil



DESCRIPTION

Myrrh is a shrub that can grow up to 30 feet high. Myrrh oil is created from resin that seeps from the wounded bark of the myrrh shrub. A clear or opaque, pale yellow liquid exudes from the punctured bark which quickly hardens to create the resin.

In Ancient Egypt it was used for embalming and fumigation, as well as used in incense and perfume. Myrrh was also said to be one of the gifts given to baby Jesus by the three wise men. In traditional Chinese medicine, Myrrh is said to benefit arthritic and circulation problems as well as help with menopause.

DETAILS

Origin: Egypt

Plant part: Resin

Botanical Name: *Commiphora myrrha*

Extraction method: Solvent Extraction

Blends With: [Bergamot](#), [Clove Bud](#), [Eucalyptus](#), [Frankincense](#), [Lavender](#), [Tea Tree](#), and [Juniper Berry](#).

Aroma: Has a warm, rich, spicy balsamic odor that is deeply meditative and uplifting.

THERAPEUTIC PROPERTIES

Anti-bacterial, anti-fungal, anti-inflammatory, anti-microbial, anti-phlogistic, anti-septic, anti-spasmodic, astringent, balsamic, carminative, cicatrisant, digestive, emmenagogue, expectorant, fungicidal, sedative, stimulant (digestive, reproductive, uterine), stomachic, uterine, and vulnerary.

REPORTS

You can find the GC-MS quality report for our Myrrh essential oil by [clicking here](#).

SAFETY, STORAGE AND SHELF LIFE

Safety: Proper dilution should be followed. Avoid if pregnant or breastfeeding. It may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

Storage: Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

Shelf Life: 84 Months

We have some additional information about [essential oil storage](#) on our blog.

ADDITIONAL INFORMATION

Bottling: Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.