

## Oregano Essential Oil



### DESCRIPTION

Oregano is a perennial herb with spade shape leaves and sprouting purple flowers at the tops of the stems. Oregano is an herb widely used in the culinary field. You can often find this herb used in Italian-American cuisines.

It is said that Hippocrates used Oregano as an antiseptic in addition to helping to aid with stomach issues and respiratory ailments (asthma, bronchitis and coughs). Some believed, in Austrian Folk Medicine, that oregano could help in issues related to the gastrointestinal tract, respiratory tract, and nervous system.

Oregano is one of the oils considered to be a hot oil and should always be diluted before applying topically.

### DETAILS

Origin: Morocco

Plant part: Herb

Botanical Name: Origanum Compactum Benth

Extraction method: Steam Distilled

Blends With: [Lavender](#), [Rosemary](#), [Bergamot](#), [Cedarwood](#), [Lemon](#), [Orange](#), [Tea Tree](#), and [Eucalyptus](#).

Aroma: Has a powerful, camphorous scent. It carries a warm and spicy aroma with antiseptic properties.

## THERAPEUTIC PROPERTIES

Analgesic, anthelmintic, anti-infectious, anti-parasitic, anti-rheumatic, anti-septic, anti-spasmodic, anti-viral, bactericidal, carminative, choleric, cytophylactic, diaphoretic, emmenagogue, febrifuge, fungicidal, immunostimulant, parasiticide, rubefacient, and stimulant.

## REPORTS

You can find the GC-MS quality report for our Oregano essential oil by [clicking here](#).

## SAFETY, STORAGE AND SHELF LIFE

**Safety:** Proper dilution should be followed. Dilute to 1% if using topically. It should not be used topically on those with sensitive skin, damaged skin or children under 3. The oil may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

**Storage:** Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

**Shelf Life:** 48 Months

We have some additional information about [essential oil storage](#) on our blog.

## ADDITIONAL INFORMATION

**Bottling:** Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.