

## Rosemary Essential Oil



### DESCRIPTION

Rosemary is an evergreen shrub with needle like leaves that grows near the Mediterranean Sea. Fresh and dried leaves from the rosemary plant are found in many traditional Italian meals. Rosemary is said to have mind stimulating properties helping to improve memory. It also has been used in shampoos to help stimulate hair growth and it is also believed to help restore a natural shine to your hair.

### DETAILS

Origin: Spain

Plant part: Herb

Botanical Name: Rosmarinus Officinalis

Extraction method: Steam Distilled

Blends With: [Basil](#), [Bergamot](#), [Cedarwood](#), [Clove](#), [Frankincense](#), [Ginger](#), [Lemon](#), [Orange](#), and [Peppermint](#).

Aroma: Has a fresh, strong, woody, and herbaceous scent that is slightly sweet and medicinal.

### THERAPEUTIC PROPERTIES

Analgesic, anti-depressant, anti-microbial, anti-septic, anti-spasmodic, anti-tussive, astringent, carminative, cephalic, cholagogue, choloretic, cicatrisant, cordial, decongestant, digestive, diuretic, emmenagogue, hepatic, litholytic, mucolytic, nervine, rubefacient, stimulant (adrenal, circulatory, nervous, respiratory), stomachic, and vulnerary.

## REPORTS

You can find the GC-MS quality report for our Rosemary essential oil by [clicking here](#).

## SAFETY, STORAGE AND SHELF LIFE

**Safety:** Proper dilution should be followed. Dilute to 15% if using topically. It should be avoided during pregnancy. Oil may cause skin irritation in some individuals. A small skin test is recommended prior to use. Avoid contact with eyes.

**Storage:** Always store out of direct sunlight and away from heat. If possible store in refrigeration for extended life.

**Shelf Life:** 24 Months

We have some additional information about [essential oil storage](#) on our blog.

## ADDITIONAL INFORMATION

**Bottling:** Our 5ml, 10ml and 15ml bottles come with euro dropper tops. Our 30ml and 60ml bottles will come with a traditional top and a complimentary dropper with a measured glass pipette for easy measuring. The complimentary dropper should not be used while storing the essential oil.