

## Sunflower Oil



### DESCRIPTION

Sunflower oil has a clear, amber color with high amounts of lecithin, and unsaturated fatty acids and is rich in vitamins A, B, D and E. This oil widely used in massage therapy and aromatherapy.

### DETAILS

Botanical Name: *Helianthus annuus*

Extraction Method: Cold Pressed

Aroma: Sunflower oil has a light pleasant aroma.

Shelf Life: 2 years from production date; store out of direct sunlight in cool temperatures. Refrigeration after opening is recommended.

### THERAPEUTIC PROPERTIES

Sunflower oil is typically great to use on sensitive skin as some find it to be gentle enough for a moisturizer on babies skin. It may help to nourish dry, damaged skin.

## **SAFETY, STORAGE AND SHELF LIFE**

There are no known safety concerns.

We have some additional information about [essential oil storage](#) on our blog.

## **ADDITIONAL INFORMATION**

You can view the rest of our carrier oil selection by [clicking here](#).